

# YOU'RE INVITED: ANTI-AGING HAIR HEALTH AND VITALITY BEYOND 40!

Join us for an enlightening evening with Trichologist Andrea Clark, fresh from the International Association of Trichology's conference in Dubai. Discover the science of hair and scalp aging and learn effective solutions to maintain healthy, vibrant hair at any age. (Walk away with practical tools to embrace hair health and vitality!)

#### What We'll Cover:

 $\cdot\,$  Mind-Body Connection: Impact of lifestyle on hair health

· Hormonal Influences: Managing hormonal changes

 $\cdot\;$  Gut Health: Improving scalp environment for optimal growth

· Holistic Lifestyle: Simple changes for healthier hair

#### **Event Details**

Date and Time 7<sup>th</sup> November - 7:00pm Trichologist Andrea Clark & Naturopathic Physician Dr. Benita Perch *Location* The Mandarin Salon

## Topics

Anti-Aging Hair Health, 40's and beyond Healthy Body, Healthy Scalp, Healthy Hair

## HKD 580 per person

Complimentary haircare products and refreshments will be provided

#### The Mandarin Salon, Hong Kong

5 Connaught Road Central, Hong Kong Telephone: +852 2825 4800 Email: Mohkg-salon@mohg.com www.mandarinoriental.com/en/hong-kong